

# CAREER CIRCUS

⇒ COACH \* DEVELOP \* NETWORK ⇒

## HOW TO BE THE RINGMASTER OF YOUR CAREER IN SIX MASTER STEPS

### #1 Expand your brain and grow your mindset a little everyday

*Observe others, read development books and reflect on what worked well and what you could do better next time.*

### #2 Take control of your personal & professional development

*Get yourself a mentor, surround yourself with inspiring people, and enrol on courses to work on development areas, have your own personal development plan.*

### #3 Be confident and seize opportunities

*Be open to opportunities, put yourself in a room with the right people through attending networking and industry events.*

### #4 Set yourself 'stretch' S.M.A.R.T goals

*Make sure they are challenging but still achievable by following the S.M.A.R.T acronym.*

### #5 Celebrate your achievements

*Small or large get in the habit each day of celebrating your achievements, knowing your strengths and optimising these to your advantage.*

### #6 Ensure you meet your personal work-life-balance needs

*Take care of your body and wellbeing and you will function more efficiently – get the right balance for your personal needs.*

Career Management & Professional Development Blogs &  
Resources all available at [www.careercircus.co.uk](http://www.careercircus.co.uk)

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